



Contemporary Cafe Menu



VEGETARIAN



NEW MENU ITEMS



GOOD CHOICES MADE EASY
35-10-35 GUIDELINES



BAKED PRODUCT

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

Sep. 13 - 17

Oct. 11 - 15

Nov. 8 - 12

Dec. 6 - 10

Hot Dog
Sausage & Cheddar Cheese
on English Muffin
Fresh Pineapple
BBQ Cheeseburger
Almond Butter Croissant
Turkey & Cheddar Cheese Mini Sub
Creamy Bacon Chicken Mini Sub
Chicken Salad in Bowl
Monte Cristo Donut Sandwich
Sunflower Crunch Salad

Veggie Snack w/Sheehan Dip
Grapes & Cheese
Bologna, Egg, Cheese on Bun w/Mayo
Ham & Swiss Mini Sub
Philly Cheesesteak Mini Sub
Spinach Feta Egg Bistro
Sloppy Joe with Cheese on Onion Bun
Roast Beef w/Cheese & BBQ Sauce
on Pretzel Bun
Deluxe Garden Salad
Multigrain Veggie Burger

Sausage on Biscuit
Pizza Sliders
Cottage Cheese w/Cherry Tomatoes
Cheeseburger w/Pickles & Mayo
Deluxe House Salad w/Italian Dressing
Blueberry Scone
Footlong Chili Cheese Dog
Roast Beef Mini Sub w/Applesauce
Veggie Sausage on Potato Siders
Chophouse Angus Cheeseburger

Cheeseburger
Layered Salad
Italian Mini Sub
Pepperoni & Cheese Snack
Peanut Butter Snack Pack
Footlong Chili Cheese Dog
Veggie Sausage Biscuit Sliders
Grilled Bacon Jalapeño Chicken
on Pretzel Bun
Sausage Egg Cheese on Ciabatta
Turkey & Cheese w/Chipotle Mayo
on Ciabatta

Hamburger
Pizza Sliders
Frisco Breakfast Sandwich
Bologna & Cheese Mini Sub
Layered Taco Dip
Low Carb Delight
Jalapeño Pretzel
Buffalo Chicken Mac & Cheese
Egg & Yogurt Nut Snack Pack
Turkey w/Bacon Aioli on 12 Grain

WEEK 2

Sep. 20 - 24

Oct. 18 - 22

Nov. 15 - 19

Dec. 13 - 17

Cheeseburger
Jalapeño Cheese Dog
Fresh Pineapple
Cheese Cubes w/Turkey Bites
Ham & Swiss Mini Sub
New York Everything Bagel
Bacon Ranch Chicken Salad on Bun
Buffalo Chicken Dip Sandwich
Southwest Breakfast Sandwich
Turkey BLT Salad

Hamburger
Blueberry Bagel w/ Cream Cheese
Wake Up Burger
Fried Egg Bacon Cheese Sliders
Veggie Snack w/Sheehan Dip
Chocolate Avalanche Croissant
Buffalo Chicken Ranch Sliders
Roast Beef w/ Chipotle Mayo on Bun
Chicken w/Cheese & Honey Mustard
Mini Sub
Ham Cobb Salad

Grapes
Hamburger with A1 Sauce
Eggwich w/ Pepperjack Cheese
Bacon, Egg, Cheese on Bun
Deluxe House Salad
w/ Italian Dressing
Chicken Salad Croissant
Footlong Chili Cheese Dog
Turkey & Cheddar Sliders
Cottage Cheese w/Pineapple Chunks
Chicken Parm on Focaccia

Sausage on Biscuit
Cheeseburger
Fresh Sliced Apples
Deluxe Pepperoni Mini Sub
Big Mac Sloppy Joe
Ham Egg Cheese Croissant
Oreo Parfait
Cuban Donut Sandwich
Alabama White BBQ Chicken
on Flatbread
Italian on Olive Ciabatta

Hamburger
Double Sausage & Cheese on Bun
Sunrise Fruit Mix
Frisco Breakfast Sandwich
Baby Carrots & Tomatoes w/ Dip
Ham & Provolone Mini Sub
Chicken Salad on Flatbread
Meatballs w/ Marinara
Margherita Bistro
Chophouse Angus Burger

WEEK 3

Sep. 27 - Oct. 1

Oct. 25 - 29

Nov. 22 - 26

Dec. 20 - 24

Hot Dog
Sausage on Biscuit
Pizza Sliders
Fresh Pineapple
Pepperoni, Sliced Cheese & Crackers
Celery Stick & Baby Carrots
w/ Garden Veg Cream Cheese
Chicken Salad Bowl
Monte Cristo Donut Sandwich
Greek Salad w/Chicken
Multigrain Veggie Burger

Cheeseburger
Sausage & Cheddar Cheese
on English Muffin
Italian Mini Sub
Veggie Snack w/Sheehan Dip
Grapes & Cheese
Bologna Egg Cheese on Kaiser Bun
w/Mayo
Footlong Chili Cheese Dog
Turkey & Ham w/ Honey Mustard
Mini Sub
Deluxe Garden Salad
Philly Cheesesteak on Flatbread

Hamburger w/ Mayo
Pizza Sliders
Deluxe House Salad w/ Italian Dressing
Low Carb Delight
Cottage Cheese w/Cherry Tomatoes
Chicken Salad Croissant
Grilled Chicken Cordon Blue on Brioche
Veggie Sausage Biscuit Sliders
Turkey Sub w/Craisins
Spinach Feta Egg Bistro

Cheeseburger
Layered Salad
Almond Butter Croissant
Blueberry Scone
Turkey, Tomato, Cheese, Almonds
Snack Pack
Peanut Butter Snack Pack
Roast Beef Club Mini Sub
Cuban Donut Sandwich
Egg & Yogurt Apple Nut Snack Pack
Turkey & Cheese w/Chipotle Mayo
on Ciabatta

Hamburger
Bologna & Cheese Mini Sub
Frisco Breakfast Sandwich
Layered Taco Dip
Buffalo Chicken Mac & Cheese
Jalapeño Pretzel
Grilled Bacon Jalapeño Chicken
on Pretzel Pub
Sausage Egg Cheese on Ciabatta
Turkey w/Bacon Aioli on 12 Grain

WEEK 4

Oct. 4 - 8

Nov. 1 - 5

Nov. 29 - Dec. 3

Dec. 27 - 31

Fresh Pineapple
Double Sausage & Cheese on Bun
Jalapeño Cheese Dog
Mushroom Swiss Burger
Deluxe Pepperoni Mini Sub
Cheese Cubes w/Turkey Bites
New York Plain Bagel
Buffalo Chicken Dip
Bacon Ranch Chicken Salad on Bun
Grilled Chicken Nugget Salad

Wake Up Burger
Eggwich w/ Pepperjack Cheese
Veggie Snack w/Sheehan Dip
Grapes
Fried Egg, Bacon & Cheese Sliders
Ham & Provolone Mini Sub
Turkey, Tomato, Cheese, Almonds
Snack Pack
Buffalo Chicken Ranch Sliders
Chef Salad
Italian on Olive Ciabatta

Blueberry Bagel w/ Cream Cheese
Hamburger with A1 Sauce
Bacon, Egg, Cheese on Bun
Deluxe House Salad w/ Italian Dressing
Grapes & Cheese
Chicken Salad Croissant
Footlong Chili Cheese Dog
Roast Beef w/Chipotle Mayo on Bun
Cottage Cheese w/Pineapple Chunks
Alabama White BBQ Chicken
on Flatbread \$4.69

Hot Dog
Sausage on Biscuit
Caramelized Onion Burger
Layered Salad
Bologna & Cheese Mini Sub
Pepperoni & Cheese Snack
Chocolate Avalanche Croissant
Turkey & Cheddar Sliders
Southwest Breakfast Sandwich
Chicken Parm on Focaccia

Hamburger
Double Sausage & Cheese on Bun
Sunrise Fruit
Frisco Breakfast Sandwich
Ham & Provolone on Mini Sub
Turkey Bites Cheese Almonds
Oreo Parfait
Spicy Turkey Club on Mini Sub
Margherita Bistro
Chophouse Angus Burger

Products & prices subject to change due to availability